ROOSEVELT VOLLEYBALL
Start the Tradition
Location - Roosevelt University is located in the heart of downtown Chicago, right on Michigan Avenue. We are close to great shopping, theaters and restaurants.

Academic Support - Roosevelt University Athletics requires 6 hours of study table per week for all incoming student-athletes. Roosevelt Lakers can take advantage of a quiet study area and tutorial sessions.

Knowledgeable - The volleyball coaching staff has been coaching at the collegiate level for 9 years. We focus on individual development on and off the court. In addition we align our practice sessions for increased team development that helps foster a positive winning attitude.

Energy - Being a Laker means that you have to bring high energy to every class, practice and match. We believe in “Living the Lifestyle,” always being your best and working hard.

Represent - Once you put on the green and white uniform you will represent your university, athletic department, team and coaching staff in all walks of life.

Success - It is our goal as a coaching staff for our student-athletes to be successful in the classroom and on the court. We will take all measures to make this a reality.
ROOSEVELT VOLLEYBALL

Volleyball

Fall Season
14-week season beginning in mid August
14-match CCAC schedule, 2 CCAC tournaments
Overnight weekend trips
CCAC tournament

Practice Sessions
Morning sessions starting at 6:30am; afternoon sessions at 3:00pm

Team Travel
Transportation to all matches is in a coach bus with a hired driver
All meals during trips are provided by Roosevelt

Team Gear
Nike is the current provider for Roosevelt Athletics

Spring Season
12 weeks of strength and conditioning, starting in 2nd semester
6 weeks of team play
1-2 play dates
Campus Visits
If you feel that Roosevelt University and the Lakers Volleyball Program is the place for you, please feel free to contact Head Coach Kelly Fitzgerald at 312-341-3854 or via email at kfitzgerald@roosevelt.edu to set up a campus visit.
Also please fill out our online questionnaire at http://rulakersvoleyball.scoutforce.com/online_form

Video Tape
In an attempt to make an accurate assessment of your ability, it is recommended that videotapes be forwarded to Kelly Fitzgerald’s attention as soon as possible. The video need not be an elaborate production. Some simple game or practice tape is sufficient with you being easily identified.

Overnight visits
Once you have completed your application and have been accepted to Roosevelt University, you are eligible to participate in an overnight visit during the school year. The overnight visit will allow prospective student-athletes to get an insider’s view of our campus and program. Overnight visits will involving housing with a current member of the volleyball team.
ROOSEVELT VOLLEYBALL
Frequently Asked Questions

**Why should I play volleyball at Roosevelt University?**
Roosevelt University has the ability to offer an outstanding degree with challenging course work, a picturesque campus and location, top-flight academic and athletic facilities (coming 2012) and an opportunity to make your mark within the volleyball program immediately! Due to the fact that the program is brand new you have the opportunity to make history at Roosevelt. Our goal is to build a program with young players who are motivated and able to make an immediate impact for us, to bring this program to the national spotlight. We will not promise starting positions to any of our recruits, however we work very hard on identifying talent that has the ability to contribute immediately and enjoy an outstanding career that will provide you with an opportunity to compete for a conference and national championship.

**What kind of travel is involved with the Lakers Volleyball Program?**
Roosevelt will compete in 3-4 weekend tournaments leaving on a Friday and returning on Saturday. We will compete 1-2 times midweek normally leaving campus at 4:00pm.

**Do players have an off-season strength & conditioning program?**
YES! Our Volleyball players begin conditioning and lifting during the start of second semester. Our players utilize a position player-specific workout routine. Also, during spring volleyball we will compete in two spring volleyball tournaments.

**Do you have a recruiting questionnaire?**
Yes, it is located on our athletic website, http://rulakersvoleyball.scoutforce.com/online_form

**Without scholarships wouldn’t I be better off going to a Division II school that offers athletic scholarships and receiving some “volleyball money?”**
Not necessarily, obviously a lot depends on the volleyball offer at another institution. It is not uncommon for our student-athletes to receive a higher amount of gift aid at Roosevelt than they were offered with academic and “volleyball” money combined at another institution. Without scholarship money to work with, financial offers are not dictated by the volleyball coaching staff. However, we work religiously with our Admissions Department to help ensure that our recruits are able to receive the most competitive financial offer possible through various grants and academic scholarship money.

**What is the academic calendar?**
2 semesters; Fall begins in late August and Spring begins in January.

**Do players miss a lot of classes due to matches or practice?**
The Roosevelt University Volleyball Program is structured to make sure that our student-athletes do not jeopardize their academic standing as a result of our practice or match schedule. Our fall and spring practices are structured around class schedules and we try to minimize dates missed for matches. We provide one of the most aggressive and proactive structured study tables for our student-athletes, which allow them access to free tutoring in all subject areas.

**Roosevelt University**
Founded in 1945 and is named after both Franklin and Eleanor Roosevelt. Roosevelt was ranked the 10th most diverse private university in America by the *New York Times* and the 2nd most diverse in the Midwest by *U.S. News and World Reports*.

**Enrollment**
7,186 undergraduate and graduate students who are balanced in the arts and science programs.
Kelly Fitzgerald was given the daunting task of building a volleyball program from scratch as she was hired on November 10 as Roosevelt University's first-ever head women's volleyball coach. The volleyball program became Roosevelt's eighth varsity sport when the team officially debuts in August of 2011.

Fitzgerald brings plenty of experience to the Lakers, and is no stranger to the Chicagoland Collegiate Athletic Conference, having served six seasons as the head coach at league rival Illinois Institute of Technology (IIT). She also was a standout student-athlete at fellow CCAC member St. Xavier, where she later served as assistant coach for three seasons. At the helm of the Scarlet Hawks, Fitzgerald won 20 or more games in four of her six seasons, mentoring 10 All-CCAC performers and two All-Americans. Her student-athletes also excelled in the classroom with nine earning Academic All-America accolades.

Fitzgerald graduated from Saint Xavier University, Chicago, IL in 2001, earning a degree in Social Sciences and a minor in Education. While at SXU she also was a 3-year starter for the Cougars. During her playing days, the then Kelly Hendry was a three-time All-CCAC performer, capping her career by earning CCAC Player of the Year and NAIA Third-Team All-America honors following the 2000 season.

She earned her masters degree from Saint Xavier University in Educational Administration and Supervision.

Fitzgerald resides in Westchester, IL with her husband John Fitzgerald and son Colton.
Roosevelt University gained national affiliation for its intercollegiate athletics department just 5 years ago. The first squads that wore a Laker jersey in 2010 were men’s and women’s basketball, men’s and women’s tennis, men’s and women’s cross country and baseball. In 2011 the women’s volleyball team made their debut in the green and white, making it the 8th team fighting for victories. In 2012, Roosevelt fielded men’s and women’s soccer, softball and golf.
The National Association of Intercollegiate Athletics (NAIA) sponsors 23 championships in 21 sports annually. Not only does the NAIA stand for great athletic ability it also focuses on instilling proper character values in student-athletes, coaches and fans. The NAIA has established 5 core values that go well beyond the playing field or court.

1) Integrity - Positive internal traits that guide behavior
2) Respect - Treating others the way you want to be treated
3) Responsibility - The social force that binds the individual to the good of the team
4) Sportsmanship - Following the rules, spirit and etiquette of athletic competition
5) Servant Leadership - Serving the greater good

Every student that is participating in the NAIA for the first time must register with the NAIA Eligibility Center.

Current Membership

**North Division**
- Cardinal Stritch
- Judson
- Robert Morris
- Roosevelt
- St. Xavier
- Trinity International
- St. Ambrose University

**South Division**
- Calumet College of St. Joseph
- IU South Bend
- Olivet Nazarene
- Purdue Calumet
- Purdue North Central
- St. Francis
- Trinity Christian

General Information about the CCAC

1) North and South Division
2) We will play each divisional team twice; home and away
3) 2 CCAC crossover divisional tournaments
4) 8-team CCAC conference tournament
5) Top 2 teams will go on to the NAIA National Tournament
Why social Justice?
A catalyst for social change. Since 1945 Roosevelt believes that fairness, honesty, and integrity should be part of our society.

“the test of our progress is not whether we add more to the abundance of those who have to much; it is whether we provide enough for those who have too little.”
- Franklin D. Roosevelt

Founded
1945

Campuses
Chicago, IL - Downtown Loop - short walk to Lake Michigan, shopping and theaters.
Schaumburg, IL - 30 minutes northwest of Chicago

Student life
Part of the Educational Corridor of Chicago, one of the largest college campus areas in the U.S.
Student Newspaper - The Torch
4 Resident Halls; Wabash Center (opening spring 2012), University Center, 2 East 8th, Roosevelt on Washington
Homecoming, recreation and wellness events
Intramurals

Safety on Campus
Roosevelt has their own public safety officers in every building
Resident Halls are ID swipe only
Crime prevention and personal security seminars

Health on Campus
Drug and alcohol awareness programs
Immediate Care Health Facility
Counseling Center
Academic Calendar
2 semesters, fall and spring; summer session. Day and evening class formats.

Student/Faculty Ratio
15:1

Average class size
19

Learning Center and Study Table
Open for all students from 9:00am - 5:00pm
Athlete study table; Monday - Wednesday 6:00pm - 9:00pm

Technology
Voice, video and full high speed internet access from residence hall rooms, classrooms and computer labs.

Business and Industry
Vast array of internships; study abroad opportunities; career fairs on campus.

What can you STUDY at Roosevelt University?


*Minors:* Economics  English  Environmental Science  Fine Arts  French  Geography  German  History  Hospitality and Tourism  International Studies  Italian  Legal Studies  Math  Paralegal Studies  Philosophy  Physics  Professional Communication  Secondary Education  Sociology  Statistics  Sustainability Studies  Women and Gender Studies
1) Apply online. [http://www.roosevelt.edu/Admission/Overview/Apply.aspx]

2) Send in all transcripts and test scores. Transfer students do not need to send in test scores or high school transcript if you have over 15 transferable credits.

3) You do need to send transcripts from ALL colleges/universities you have attended.

4) File FAFSA ([www.fafsa.gov](http://www.fafsa.gov)). Roosevelt’s school code is 001749.

5) Pay Admission Deposit. Check is made out to Roosevelt for $200 and sent to the Office of Admission. You will receive a letter with a return envelope in the mail requesting you to do so.

6) Pay Housing Deposit ($500) and fill out Housing Application through RUAccess.
   A. Make sure you indicate any roommate preferences and that you are a volleyball player.

7) Sign up for classes by contacting Academic Advising at 312-341-4340.
   A. Freshmen are placed in Math and English based on your ACT scores.
   B. Transfer students please see below.

8) Transfer Students: Take Roosevelt University Assessment (RUA). ALL transfer students must take this test before you can register for classes, regardless of your GPA. There is a math and English portion. Some students can be waived out of the Math portion if you have taken a higher level of math at your community college. You have to contact advising in advance to inquire about this. Students can register for the RUA online at [http://www.roosevelt.edu/rua](http://www.roosevelt.edu/rua) You can also find a link to a practice test there as well.
   A. Students can take the RUA at either campus. You can also do your initial advising at whichever campus is more convenient for you. Keep in mind that you need to make it very clear to an advisor at Schaumburg that you will be a Chicago only student.
   B. Transfer students can schedule an advising appointment for anytime AFTER your scheduled RUA.

9) Sign up for orientation: [http://www.roosevelt.edu/CSI/Orientation.aspx](http://www.roosevelt.edu/CSI/Orientation.aspx)

10) Sign up for the NAIA Eligibility Center: [http://www.playnaia.org/](http://www.playnaia.org/)

Other helpful information:
Students need to accept (or decline, i.e. loans) financial aid through their RUAccess Account.
Students can sign up for a payment plan with no interest: [http://www.roosevelt.edu/StudentAccounts/PaymentPlans.aspx](http://www.roosevelt.edu/StudentAccounts/PaymentPlans.aspx)
City Attractions
Grant Park, Lincoln Park Zoo, Millennium Park, Navy Pier, North Avenue Beach

Sightseeing
Chicago Architecture Foundation, Chicago Water Tower, Willis (Sears) Tower, Chicago River, Buckingham Fountain

Museums
Alder Planetarium, Art Institute, Field Museum, Museum of Science and Industry

Theaters
Auditorium Theatre of Roosevelt University, Cadillac Palace Theatre, Chicago Theatre, Ford Center for the Performing Arts, Second City, Symphony Center

Shopping
900 North Michigan Shops, State Street Shopping District, The Magnificent Mile, Water Tower Place

Venues and Sports Arenas
McCormick Place, Soldier Field, United Center, U.S. Cellular Field, Wrigley Field